Methodist Children’s Hospital
Pediatric Subspecialty Directory
San Antonio, Texas

Last updated 2013. For the most recent updates, please go to www.methodistpedioutreach.com
At Methodist Children’s Hospital, a campus of Methodist Hospital, our team of physicians play an integral role as we strive for the best possible outcome with each child—especially as we seek to treat the whole child and not just the symptoms of disease. Caring for children is our mission and our reason for being.
Methodist Children’s Hospital provides comprehensive care in all clinical areas for infants, children and young adults. Medical areas of expertise include neonatology, hematology, oncology, blood and marrow stem cell transplantation, congenital heart defects, neurosurgery, pulmonary disease, and specialty clinics, which address many chronic illnesses.

Methodist Children’s Hospital opened in October 1998 and is:

- The only children’s hospital in San Antonio designed and built especially for children.
- Committed to the private practice of medicine.
- Affiliated with hundreds of physicians, including subspecialty pediatrics.
- Serving 56 counties in Texas and patients from all over the world.
- Committed to treating every child who comes through the hospital’s doors—regardless of religion, race or ability to pay.

Visit Us Online
Get more information about Methodist Children’s Hospital online at www.MHSCchildrens.com. Here you will find facts about Methodist Children’s Hospital, our staff and our services. This unique resource can even give you a virtual tour of the facility.
Children’s Transport

Our Teams
Methodist Children’s Hospital provides specialty transport teams dedicated to the unique needs of pediatric, neonatal and maternal patients. Teams are available 24 hours a day, seven days a week to perform critical care between Methodist Children’s Hospital and hospitals worldwide. Transport teams are under the medical direction of specialists from the Pediatric Intensive Care Unit (PICU) and Newborn Intensive Care Unit (NICU) as well as a Maternal Fetal Specialist as needed. Throughout the transport of a patient, care is provided by the specialized transport team under the medical control of a pediatric intensivist, a neonatologist, and an obstetrician for their respective teams.

Expertly Trained Teams
Members of the transport team have a high level of knowledge and experience working specifically within their specialty. Methodist Children’s Hospital’s transport teams are trained in emergency transport medicine, flight physiology, trauma care and stabilization. Transport team members are trained in several areas of expertise including the following certifications:

- Pediatric Advanced Life Support (PALS)
- Neonatal Resuscitation Program (NRP)
- STABLE Program (Sugar, Temperature, Airway, Blood pressure, Lab work, Emotional support)
- Emergency Nursing Pediatric Course (ENPC)
- Trauma Nursing Core Course (TNCC NPS)
- ACLS (Advanced Cardiac Life Support)
- AWHONN - Advanced Fetal Monitoring
- NPS - Neonatal Pediatric Specialty

Members of the team frequently present pediatric, neonatal and maternal critical care classes to medical professionals in outlying areas as well as within the Methodist Healthcare System. Neonatal and pediatric teams deployed from Methodist Children’s Hospital always include a registered nurse specializing in patient transport and a transport respiratory therapist. Our maternal transport team deploys two labor and delivery transport-trained RNs with a critical care transport team. A number of factors are taken into account to quickly determine whether the team will transport a patient via ambulance, airplane or helicopter. When we receive your call, our team will base its transport decision on several critical factors:

- Acuity and urgency of the patient’s condition
- Referring physician’s request
- Distance
- Weather

Road to Recovery
The transport team begins treatment at the referring hospital, providing the sick patient with the specialized care families would receive upon arrival at Methodist Children’s Hospital. During the transport, team members maintain direct communication with a medical control physician, who can provide expert medical instruction. Each transport vehicle is equipped with technology for thermoregulation, blood gas analysis, nitric oxide administration and ventilatory assistance. Once the patient arrives at Methodist Children’s Hospital, high-quality care continues as the patient is smoothly transitioned into a critical care unit or triaged through labor and delivery. Once the patient’s condition improves, arrangements will be made for transport back to the referring hospital so the patient can recover closer to home and family. This service is for our neonatal and pediatric patients only.
Special Needs Children

When a child with special needs prepares for discharge, the transport team will provide contact information for parents directing them to their local Emergency Medical Services. With the parents’ permission, the child’s condition and records will be provided to local EMS and local emergency departments. This helps local health care providers act quickly if the child requires emergency treatment.

Methodist Children’s Heart Institute

The Methodist Children’s Heart Institute, a department of Methodist Hospital, is dedicated to providing quality care in a team-oriented environment with compassion and dignity. We offer many years of experience in pediatric heart services with a history of excellent outcomes. Learn more about the program by visiting www.MHSChildrensHeartInstitute.com.

Our team consists of:

- Board-certified physicians.
- Cardiothoracic surgeons dedicated full-time to congenital heart care.
- Pediatric cardiologists with specialty interests that include: echocardiology, fetal diagnosis, interventional procedures, transplant, outreach and education.
- Board-certified pediatric intensivists— all cardiac trained who provide in-house coverage 24 hours a day, 7 days a week.
- Board-certified neonatologists, available on site 24 hours a day, 7 days a week.
- Board-certified perinatologists.
- Dedicated pediatric perfusionists.
- Pediatric cardiac care coordinator to assist the family and patient before, during and after surgery.
- Cardiovascular intensive care nursing staff.
- Respiratory therapists, nutritionists, social services and child life specialists.

Heart Services

Methodist Children’s Heart Institute provides a hands-on approach through the following:

- Every patient is initially seen by a pediatric cardiologist who reads his own echocardiograms to ensure excellence in care.
- All patients are individually discussed at the Pediatric Cardiac Care Conference with all pediatric cardiologists and surgeons to help determine the best course of action while keeping the needs of the patient in mind.
Methodist Children’s Heart Institute (continued)

**Intensive Care Services**

Our Intensive Care Services provides a hands-on approach with the following:

- Pediatric Intensive Care Unit (PICU) and Pediatric Intermediate Care (PIMC) Unit.
- The Neonatal Intensive Care Unit (NICU) is one of the largest in South Texas.
- Support services to provide peri-operative education for parents, stress management programs and high-risk CPR videos before patient discharge.
- Children’s transport services available 24 hours a day, 7 days a week to perform interfacility transports within Texas and throughout the country by air or ground.

**Specialty Clinics**

The Pediatric Specialty Clinics provide multidisciplinary evaluation and treatment recommendations for children with complex medical diagnoses.

All our clinics are located on Sublevel 1 at Methodist Plaza and are connected to Methodist Children’s Hospital by a tunnel. Each team is comprised of physician specialists, nursing, social service, nutrition and therapists who have expertise in the treatment of disease-specific complex medical problems. Evaluation by an interdisciplinary team is more efficient for the children and their families by providing continuity of medical care without duplication of services. The team members are available to assist the patients/families, referring physicians and hospital staff with education, support and referrals. For more information, please call 210-575-7371 or 1-800-297-1021.

The clinic has bilingual staff to assist Spanish-speaking families.

**Brachial Plexus**

Brachial plexus injuries affect the network of nerves that control the muscles of the arms and hands in ways that compromise the function and appearance. The brachial plexus team of specialists evaluates those who have suffered an injury to these nerves. The team evaluates each child and develops an individualized treatment plan. The goal is to maximize function of the affected extremity and avoid surgery, if possible, by prescribing intensive therapy and minimizing any psychological or developmental impact on the child.

**Craniofacial/Congenital Anomalies**

Children with craniofacial anomalies require many interrelated services from a variety of health care professionals. The team provides coordinated, consistent care for children with multiple and complex medical and dental problems. These children may require several surgical procedures throughout their lifetime, including plastic/craniofacial, dental/oral and ear surgeries. These procedures can be coordinated together to minimize trauma and exposure to anesthesia and obtain the best timing for the patients’ growth and development.
Specialty Clinics (continued)

• Cleft Palate-Craniofacial Team:

The most common craniofacial anomaly in children is cleft lip and palate. There are about 1 in 700 babies born with a cleft lip and palate each year in the United States. Although cleft lip/palate can be part of a syndrome, it is usually an isolated problem requiring surgical and dental interventions. Many of these babies have feeding problems and difficulty gaining weight. They are best served by a team of specialists who have experience in feeding babies with a cleft/craniofacial anomaly and knowledge about what feeding devices are best to use. Infants with cleft lip and palate may develop middle ear disease resulting in hearing deficits or speech/developmental delays. The team follows these children very closely to monitor speech and hearing problems to minimize developmental delays. Emotional support is provided by the team to children and their families, assisting them as needed with school issues, teasing, therapy, dental and surgical interventions.

• Why see a Cleft Palate-Craniofacial Team?

The American Cleft Palate-Craniofacial Association (ACPA) recommends the team approach to treating children born with cleft lip, palate or other craniofacial anomalies because of the many different specialties that are involved in treating these children. The ACPA has developed Parameters for Evaluation of Patients with Cleft Lip/Palate or other Craniofacial Anomalies. The team works together to decide on the treatment recommendations and timing of the interventions.

For information about the ACPA, go to their web site at www.acpa-cpf.org and www.cleftline.org.

Neuro-Developmental

This is a multidisciplinary clinic that follows infants and children who are at risk for a developmental delay either due to prematurity or congenital disorders. Following these infants from birth will provide appropriate interventions to help them reach their maximum potential. The team works closely with parents/families and pediatricians to assure referral to appropriate community resources.

The team evaluates infants and children with feeding problems resulting from developmental delay, feeding aversions, neuro-motor or sensory integration difficulties. Many of these children have been diagnosed with failure to thrive oral aversions, swallowing difficulties, cerebral palsy or other health problems affecting feeding and nutrition. The goal of the clinic is to maximize the child’s overall physical and developmental well being through evaluation and treatment recommendations. This specialty team works together with community and hospital resources to ease difficulties often seen in premature infants with swallowing difficulties, increased oral sensitivities and food aversions. An individualized treatment plan is developed by the team to maximize the child’s growth and development.
Specialty Clinics (continued)

Pulmonology
This clinic's pediatric pulmonologists provide care for a wide range of respiratory disorders. The clinic sees patients with:

- acute, chronic or recurring upper or lower respiratory infections
- congenital malformations of the respiratory system
- acute or chronic lung injury (e.g., bronchopulmonary dysplasia, pulmonary interstitial pneumonia, pulmonary fibrosis)
- control of breathing disorders (e.g., respiratory complications of scoliosis or muscular dystrophy)
- pulmonary complications of immunodeficiency chemotherapy or congenital heart disease and patients with chronic respiratory failure

The clinic has a special interest in the technology-dependent child and can assist in the home management of patients requiring ventilation, tracheotomy, oxygen and/or apnea/bradycardia monitoring.

The pulmonologist and clinic team collaborate to design a specialized plan of care to meet each individual's needs. Through outpatient visits and ongoing case management, patients and families receive a comprehensive approach to care.

Spina Bifida
Spina bifida is the result of a congenital defect of the spinal cord, which can affect all the major systems of the body, depending upon the level of the defect. The team provides an interdisciplinary evaluation and treatment recommendations for infants, children and adolescents with Spina bifida. Due to the complexity of this diagnosis, a team approach provides the child/family with a unified approach to treatment. The staff collaborates with patients/families, schools and therapists to develop an individualized treatment plan.

Vascular Anomalies
The vascular anomalies clinic at the Methodist Children's Hospital provides comprehensive care for children with hemangiomas and vascular malformations. Led by a pediatric dermatologist, the team consists of a pediatric plastic surgeon, a hematologist/oncologist, an interventional radiologist and nursing. The team evaluates each child and coordinates care whether sclerotherapy or embolization, medical treatment, surgical excision and repair, or laser treatment. Families are able to understand a global approach to treatment and the long-term plan of care.
The following list of pediatric subspecialists includes only those physicians who are credentialed as active members of the medical staff of Methodist Children’s Hospital.

For the most recent updates, please go to www.methodistpedioutreach.com
Allergy and Immunology
Provides evaluation and management of the child with allergies as it pertains to the respiratory, cutaneous and/or gastrointestinal system. Disorders routinely seen include allergic rhinitis, sinusitis, otitis media, asthma, allergic conjunctivitis, allergic headaches, atopic dermatitis, contact dermatitis, urticaria and angioedema, and food allergies.

Cardiology – Members of Methodist Children’s Heart Institute
Methodist Children’s Heart Institute is dedicated to providing quality care in a team-oriented environment with compassion and dignity. Methodist Healthcare provides more children’s heart care than any other hospital in San Antonio. Our commitment to children includes:

- **A Multidisciplinary Core Team** dedicated to the complex care of congenital heart patients and their families.
- **Pediatric Cardiology Service** that provides a hands-on approach with years of clinical expertise and technological advances.
- **Intensive Care Service** that provides a 16-bed Pediatric Intensive Care Unit (PICU) with specially trained pediatric intensive care nurses.

Heart Services
- Six catheterization suites.
- Extracorporeal Membrane Oxygenation (“ECMO”) to support neonates and children.
- Cardiac catheterization, cardiac MRI/MRA, cardiac CT angiogram, echocardiography.

We are one of the few facilities in Texas to utilize a percutaneous transcatheter device for the occlusion of Atrial Septal Defects (ASD) and Patient Ductus Arteriosos (PDA).
Cardiology — Members of Methodist Children’s Heart Institute

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Cardiovascular Surgery – Methodist Children’s Heart Institute
Methodist Children’s Heart Institute performs the complete range of congenital cardiac surgical procedures including:

- Minimally invasive septal defect repairs.
- Complex single-ventricle repairs.
- Repair of congenital heart defects for neonatal patients as well as adults.
- Treatment for arrhythmia and heart failure.
- Mechanical support.

The congenital team also provides pediatric thoracic services including chest wall reconstruction, mediastinal operations and broncho-pulmonary surgery.

Hybrid Operating Suite
The hybrid OR allows surgeons to perform complex procedures previously unavailable at the facility. “We are able to image the interior of the heart very well before and after surgery, but we could not track our progress in areas exterior to the actual cardiac chambers,” Dr. Kupferschmid explains. “We can now ensure the feasibility of performing such operations as a Blalock-Taussig shunt, bidirectional Glenn shunt, Fontan procedure, arch or central pulmonary artery reconstruction, and similar procedures at the time of surgical repair. To have this ability is a game changer; we can now assess the need for these repairs promptly and, if necessary, fix the concerning area.”
Critical Care Methodist Children’s Hospital PICU

The Pediatric Intensive Care Unit provides 24-hour, in-house coverage by board-certified pediatric critical care physicians. The department provides comprehensive care to critically ill pediatric patients in 16 PICU beds with state-of-the-art monitoring equipment and 22 special-care beds. Both positive and negative pressure PICU rooms are available for infection control and immunosuppression risks. Additional services include:

- Comprehensive pediatric critical care medicine-trained nurses.
- Conventional and non-conventional mechanical ventilation including high-frequency oscillatory ventilation and an inhaled nitric oxide program.
- Pediatric respiratory therapy support from respiratory therapists.
- Expertise in nutritional management of the critically ill pediatric patient.
- Hemofiltration, hemodiafiltration, hemodialysis and peritoneal dialysis.
- Active multidisciplinary congenital cardiac surgery program.
- Cardiac and respiratory ECMO for most critically ill patients.

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Pediatric Intermediate Care Unit
The Pediatric Intermediate Care Unit (PIMC) is for patients who are either too sick for a general nursing unit or require continuous cardiac or pulse oximetry monitoring. This unit has:

- 29 monitored beds
- 2 negative pressure rooms
- 15 private and 7 semi-private rooms
- 1 private palliative care room

This unit provides a supportive environment for children and their parents with a variety of diagnoses. A multi-disciplinary team collaborates to provide coordinated care for each child. This unit has child life services with a playroom stocked with toys and games for children of all ages.

Dermatology
Pediatric dermatologists specialize in the treatment of acne, atopic dermatitis, basal cell carcinoma, hemangioma, melanoma, psoriasis, rashes, rosacea, skin cancer and warts. Treatment options include our Dual-Wave Length laser that uses pulse dye/nd YAG laser frequencies to treat multiple vascular deformities of the skin in addition to treating scars. Methodist Children's Hospital is the only facility in San Antonio that offers this technology.
Emergency Care  Methodist Children’s Hospital Emergency Department

The Children’s Emergency Department provides care for sick and injured children (newborns to 17 years of age) 24 hours a day, 7 days a week. The department is currently home to four triage bays, two trauma rooms, 23 beds in the main department and 10 beds in a fast-track program for children who are less seriously ill or injured. A multidisciplinary team of board-certified pediatricians trained in emergency medicine, registered nurses and emergency care technicians staff the department. Services include:

- Specialists and subspecialists available on call as needed.
- Comprehensive follow-up instructions.
- Radiology imaging services in the department.
- Waiting rooms and exam rooms designed for children.
- Centralized monitoring capability.

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Endocrinology

Methodist Children’s Hospital offers a complete range of diagnostic, treatment and consulting services for infants, children and adolescents with endocrine disorders. The multidisciplinary medical team creates a tailored treatment plan that addresses the needs of the child and family. We evaluate and treat all types of endocrine disorders, including diabetes, growth, abnormal pituitary, puberty and thyroid disorders.

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Gastroenterology

Serving as the only pediatric Gastroenterology (GI) Lab in Texas, Methodist Children’s Hospital offers a wide range of diagnostic and therapeutic services solely dedicated to children. These services include upper and lower endoscopy, esophageal dilation, esophageal pH monitoring, breath hydrogen analysis, esophageal and rectal manometry, biofeedback, liver biopsy, nutritional counseling, and evaluation and management of chronic liver and bowel disease. The GI Lab houses two pediatric suites for patients requiring this specialized care.

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Methodist Children’s Hospital has the only pediatric blood and marrow transplant program in South Central Texas. We have performed more than 550 transplants since the program’s inception. We perform pediatric transplants from all donor sources and have performed more than 250 cord blood transplants since the program began.

- It’s the first program in North America to be accredited by the Foundation for the Accreditation of Cell Therapy (FACT) and has remained accredited ever since.
- Transplant physicians are experts in pediatric hematology and oncology with advanced training in blood and marrow transplantation for diseases ranging from leukemia, bone marrow failure syndromes, neuroblastoma, brain tumors, metabolic disorders, sickle cell anemia and immunodeficiency syndromes including Severe Combined Immunodeficiency (SCID).
- Our institution and physicians are active members in the Children’s Oncology Group, a National Cancer Institute supported clinical trials group, which is the largest organization devoted exclusively to pediatric cancer research.
- Our core bone marrow transplant team consists of four hematology/oncology trained physicians as well as two experienced Advanced Nurse Practitioners with Doctorates in Nursing. Two dedicated RNs serve the role of our transplant coordinators to navigate families from the very first step of preparing for transplant consultation.
- We offer a multi-disciplinary comprehensive transplant support team composed of pediatric clinical psychologist, child life specialist, art therapist, case manager and oncology social workers.
- As a part of the Texas Transplant Institute, the program includes a dedicated seven-bed inpatient transplant unit, outpatient clinic, cellular therapy laboratory and pediatric apheresis service, including ECP therapy.
- Methodist Children’s Hospital Pediatric Bone Marrow Transplant Program offers a Long-Term Clinic specifically created to meet the needs of bone marrow transplant survivors.
- Our institution and providers are active members of the Pediatric Blood and Marrow Consortium, the largest clinical trials group focused exclusively on blood and marrow transplant for children and adolescents. Our program is also one of 33 centers in North America to participate in the Primary Immune Deficiency Treatment Consortium helping to address questions regarding the diagnosis, management and follow-up of patients with SCID and other immunologic defects.
Hematology/Oncology
This unit provides family-centered care with the highest technological support. We offer complete support services including diagnostic imaging, pathology and surgery. Care is coordinated by three experienced pediatric hematologist/oncologists who guide families through the difficult days of diagnosis and treatment. Our team is active in the Children’s Oncology Group and the Pediatric Blood and Marrow Transplant Consortium.

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Hospitalists

Hospitalists are physicians devoted to the evaluation and management of hospitalized patients. Methodist Children’s Hospital currently has Hospitalists on staff who practice only in the hospital. While they are not employees or agents of Methodist Children’s Hospital, they work as independent practitioners who care for patients in the following ways:

- Provide pediatric inpatient care.
- Coordinate diagnostic tests and procedures.
- Mobilize hospital resources to expedite and improve patient care.

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Infectious Diseases
Pediatric Infectious Diseases of Methodist Children’s Hospital provides consultative diagnostic and therapeutic care for patients who suffer from a variety of diseases.

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Neonatology (Methodist Children’s Hospital Newborn Intensive Care Unit)
The Newborn Intensive Care Unit (NICU) at Methodist Children’s Hospital is San Antonio’s largest newborn intensive care unit. A newborn may enter the NICU if he/she is born prematurely, if difficulties arise during delivery or if he/she shows signs of distress during the first few days of life. The unit is fully equipped for all forms of life support including nitric oxide and whole body cooling, conventional and high-frequency oscillatory ventilation. Our in-house neonatologists and advance practitioners provide care 24 hours a day, 7 days a week.

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Neonatology (continued)

Nephrology
The pediatric renal dialysis program at Methodist Children’s Hospital provides diagnosis and management for children with kidney disease. The team specializes in treating pediatric patients experiencing congenital anomalies of the urinary tract, electrolyte imbalance, renal parenchyma diseases including glomerulonephritis, tubular and collagen vascular diseases and systemic lupus erythematosus, and pre- and post-kidney transplant care.

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Neurology
Methodist Children’s Hospital provides a comprehensive neurology service that includes a neurosciences unit complete with telemetry. Our team of experienced physicians and nurses will work with every aspect of a child’s needs. Diagnostic computerized testing is available as well as a team outpatient clinic approach to many common neurologic chronic diseases.

Neuroscience Program
The Neuroscience Program at Methodist Children’s Hospital is a comprehensive pediatric program that focuses on the care of the neonate, infant, child and adolescent. The developing nervous system of children differs from adults with regards to patho-physiology, anatomy and outcome. Along with pediatric neurologists and neurosurgeons, pediatric interdisciplinary staff including anesthesiologists, intensivists, pediatric hospitalists and physiatrists support the program. A 10-bed unit is dedicated to the care of the neuroscience patient.

Pediatric Neurosurgery Services
Pediatric Neurosurgery involves the evaluation and treatment of cranial and spinal disorders that include but are not limited to:

• Hydrocephalus Management
• Brain and Spinal Cord Tumor
• Spina Bifida
• Surgical Management of Spasticity
• Perinatal Consultation for central nervous system congenital anomalies
• Chiari Malformation
• Craniosynostosis
• Trauma
Neurotology

The Neurotology Division at Methodist Children’s Hospital includes a team of specialists who treat diseases of the ear and skull base. Our surgeons perform otologic and neurotologic surgery including:

- Procedures for diseases of the ear.
- Surgery for skull-based tumors.
- Hearing restoration surgery and facial nerve disorders such as Bell’s palsy, Melkersson-Rosenthal syndrome and tumors of the facial nerve.

Our surgeons regularly perform cochlear implantation in profoundly deaf children. This electronic device is surgically implanted in the inner ear and activated by a device that is outside the ear. The implant bypasses damaged parts of the auditory system and stimulates the hearing nerve allowing the profoundly hearing impaired to receive sound. Implants are provided for those individuals who attain little or no benefit from a hearing aid. A candidate for the procedure must be at least one year of age or older to receive this treatment.

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Ophthalmology

Comprehensive examination services may include ultrasonography of the eye, visual field testing, fundus photography and external photography. Examinations are available through outpatient services and on an inpatient basis for newborns with risk conditions and children with eye trauma. Consultations are available with ophthalmologists. The department provides a full range of services including:

- Strabismus
- Corneal
- Ophthalmic plastics
- Retinoblastoma

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Orthopaedics
Our pediatric orthopaedics department specializes in treating disorders of the musculoskeletal system. Treatment of the body includes bones, joints, muscles, tendons, ligaments, nerves, skin and any structures related to them. Methodist Children’s Hospital is prepared to handle a variety of childhood accidents including: broken bones, torn ligaments, dislocations, sprains, tendon injuries, pulled muscles and ruptured discs.

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Raymond Stefko, MD
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4499 Medical Dr., Suite 235
San Antonio, TX 78229

Otolaryngology/ENT
The physicians in the otolaryngology department perform comprehensive services for children with minor or major ear, nose and throat (ENT) problems. Children experience a higher prevalence of ear, nose, throat, head and neck problems that can manifest in hearing loss, speech disorders, balance problems and tumors. Our experienced surgeons treat typical and recurring problems but extend their expertise by evaluating facial trauma and the numerous reasons why a child experiences ENT complications. In addition to treatment, the medical team provides educational resources and support after discharge.

Juan A. Bonilla, MD
210-614-0171
16723 Huebner Rd.
San Antonio, TX 78248

R. Donald Moe, MD
210-614-0171
16723 Huebner Rd.
San Antonio, TX 78248
Pathology
Pathology services are provided by two board-certified pediatric pathologists with years of experience in dealing with pediatric and perinatal disease. The physicians specialize in the evaluation of placentas and tissues resulting from embryo and fetal loss. The pathologists provide clinicians with the most current information regarding the correlation of pathologic findings with potential adverse clinical outcomes, especially with respect to neurologic impairment. Tissues resulting from embryo/fetal loss are subject to routine pathologic examination with the addition of cytogenetic and molecular studies and collaboration with specialists in the study of genetic and metabolic disease.

Teresa C. Hayes, MD
(210) 558-6288
9910 IH-10 West, Suite 400
San Antonio, Texas 78230

Kristen Lancaster
(210) 558-6288
9910 IH-10 West, Suite 400
San Antonio, Texas 78230

Physical Medicine Rehabilitation
Provides pediatric rehabilitation with a team of specialists who understand the physical, emotional and psychological needs of children with developmental delay, chronic conditions or acute injury requiring rehabilitation. The team includes audiologists, occupational therapists, physical therapists and/or speech language pathologists.

Ellen I. Leonard, MD
210-615-2225
5101 Medical Dr.
San Antonio, TX 78229
Plastic & Reconstructive Surgery
Surgical teams and trauma specialists provide routine plastic surgery, reconstructive surgery and treatment of trauma injuries. Treatment options include our Dual-Wave Length laser that uses pulse dye/nd YAG laser frequencies to treat multiple vascular deformities of the skin in addition to treating scars. Methodist Children’s Hospital is the only facility in San Antonio that offers this technology. Our department specializes in:

- Microsurgery
- Hand surgery
- Cleft lip surgery
- Reconstruction areas that include palate, orbital, craniofacial, orthognathic and maxillofacial
- Repair of brachial plexus lesions

C. Alejandra Garcia de Mitchell, DMD, MD
210-615-8757
4499 Medical Dr., Suite 347
San Antonio, TX 78229

Peter Wang, DMD, MD
210-615-8757
4499 Medical Dr., Suite 347
San Antonio, TX 78229

Podiatry
Children who are born with foot and ankle problems may experience difficulty learning to walk. Conditions such as clubfoot, intoeing and outoeing can often be treated gradually and in stages as an infant’s bones and joints develop.

John Konkol, DPM
210-299-3922
215 E Quincy, Suite 501
San Antonio, TX
**Pulmonology**

This service provides special pulmonary care to infants, children and adolescents as outpatients and inpatients. Outpatient diagnostics, inpatient management and outpatient care are available. Asthma, cystic fibrosis, bronchiolitis, bronchopulmonary dysplasia and other chronic lung diseases are cared for including patients who are dependent on respirators.

**Amanda Dove, MD**  
210-614-9300  
5282 Medical Dr., Suite 540  
San Antonio, TX 78229

**Tarak Patel, MD**  
210-249-5020  
4114 Pond Hill Rd., Suite 101  
San Antonio, TX 78231

**Kelly J. Smith, MD**  
210-249-5020  
4114 Pond Hill Rd., Suite 101  
San Antonio, TX 78231

**Radiology**

This department serves both inpatients and outpatients for general and special diagnostic radiologic studies of infants and children. A full range of services such as ultrasounds, nuclear medicine, computerized axial tomography and magnetic resonance imaging are available.

**Joel Dunlap, MD**  
210-575-7384  
7950 Floyd Curl Dr., Suite SL1-21  
San Antonio, TX 78229

**Eric P. Hendrick, MD**  
210-575-7384  
7950 Floyd Curl Dr., Suite SL1-21  
San Antonio, TX 78229

**Joseph P. Miller, MD**  
210-575-7384  
7950 Floyd Curl Dr., Suite SL1-21  
San Antonio, TX 78229

**Rosa Ramirez, MD**  
210-575-7384  
7950 Floyd Curl Dr., Suite SL1-21  
San Antonio, TX 78229

**Sports Medicine Services**

Board-certified pediatric sports medicine physician evaluates and treats medical sports-related injuries and refers for injuries requiring surgical intervention. This service provides educational opportunities for sports injury prevention techniques for families and health care providers. In addition, we offer educational opportunities to junior high and high school sports program trainers.

**Richard A. Holcomb, MD, FAAP**  
830-816-KIDS (5437)  
134 Menger Springs, Suite 1240  
Boerne, TX 78006
Surgery

The children’s operating rooms, pre-op holding area, recovery room and pediatric gastroenterology lab comprise the Children’s Hospital Surgical Services. A full range of pediatric surgical procedures are performed here. The physical facilities were designed and equipped for pediatric surgery, newborns through adolescents. The pediatric general surgeons specialize in minimally invasive approaches, which decrease pain, recovery time, hospitalization and incision size. Some special features include:

**Children’s Operating Rooms**
- Brain Lab and Dual Wave Lenght Laser
- 7 operating suites
- Staffed by registered nurses, surgical technicians and anesthesia techs trained in pediatric surgery
- Robotic stereotactic microscope

**Pre-Op Holding Area**
- Prepares pediatric patients for surgical, radiological and GI Lab procedures
- Staffed by registered nurses trained in the care of pediatric patients

**Recovery Room (PACU)**
- Monitor and care for children recovering from anesthesia and/or sedation
- Observation area for pediatric patients who are to be discharged following their procedures
- Playroom shared with pre-op holding for children waiting for their procedure or discharge

**Pediatric Gastroenterology Lab (GI Lab)**
- Two suites—pediatric patients only
- Pediatric GI motility studies
- General gastroenterology, endoscopy and colonoscopy
- Pill Endoscopy and pH Studies

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**Barry R. Cofer, MD**  
210-615-8757  
4499 Medical Dr., Suite 347  
San Antonio, TX 78229

**John J. Doski, MD**  
210-615-8757  
4499 Medical Dr., Suite 347  
San Antonio, TX 78229

**Joseph N. Kidd, MD**  
210-615-8757  
4499 Medical Dr., Suite 347  
San Antonio, TX 78229

**Ian Mitchell, MD**  
210-615-8757  
4499 Medical Dr., Suite 347  
San Antonio, TX 78229

**Frank Robertson, MD**  
210-615-8757  
4499 Medical Dr., Suite 347  
San Antonio, TX 78229

**Robert Thomas, MD**  
210-615-8757  
4499 Medical Dr., Suite 347  
San Antonio, TX 78229
Our pediatric urology team offers comprehensive treatment of genital and urologic problems of children. Pediatric urological conditions such as urinary tract infections (UTI) are usually congenital and treated at a young age. We offer a full range of treatment options ranging from a bedwetting outpatient treatment program to surgical procedures for serious birth defects. Urological services include diagnostic work-up, evaluation and surgical correction of disorders of the urological tract. Our seasoned urologists routinely perform outpatient surgery for urethral openings, undescended testicles, hernias and organ protrusions. The team is also trained in using the daVinci® Surgical System for urologic surgeries for children. The daVinci robot results in less pain after surgery, smaller incision sites and faster healing.

Jeffrey Leslie, MD  
210-615-78229  
4499 Medical Dr., Suite 360  
San Antonio, TX 78229

Juan Prieto, MD  
210-615-78229  
4499 Medical Dr., Suite 360  
San Antonio, TX 78229
Methodist Children’s Hospital
Family Support Services

For the most recent updates, please go to www.methodistpedioutreach.com
Accommodations

A variety of accommodations are available for parents and family members of patients in Methodist Children's Hospital. Methodist partners with three Ronald McDonald Houses in the San Antonio area. For accommodation information, call the Methodist HealthLine at 210-575-0355.

Methodist Children’s Hospital is proud to offer Well Waldo’s Wheels. This free transportation service, offered to those living in specific ZIP codes, is available to children and families who need help getting to and from the hospital. You can make arrangements by calling 210-MHS-RIDE (647-7433). Bilingual drivers are available.

Our location in the heart of the medical center provides you with easy access to hotels, restaurants and entertainment. The following accommodations are within close proximity to Methodist Children's Hospital.

Hotels in the Medical Center

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Candlewood Suites</td>
<td>NW Medical Center 9350 IH-10 West</td>
<td>(210) 615-0550</td>
</tr>
<tr>
<td>Drury Inn &amp; Suites</td>
<td>9806 IH 10 West (210) 561-2510</td>
<td></td>
</tr>
<tr>
<td>Hampton Inn</td>
<td>11010 IH 10 W. (210) 561-9058</td>
<td></td>
</tr>
<tr>
<td>Hyatt Place</td>
<td>4303 Hyatt Place Dr. (210) 561-0099</td>
<td></td>
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<tr>
<td>La Quinta</td>
<td>4431 Horizon Hill Blvd. (210) 525-8090</td>
<td></td>
</tr>
<tr>
<td>Medical Center Courtyard by Marriott</td>
<td>8585 Marriott Dr. (210) 614-7100</td>
<td></td>
</tr>
<tr>
<td>Motel 6 - Medical Center South</td>
<td>7500 Louis Pasteur Dr. (210) 616-0030</td>
<td></td>
</tr>
<tr>
<td>Oak Hills Medical Center Hotel Suites</td>
<td>7401 Wurzbach Dr. (210) 614-9900</td>
<td></td>
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<tr>
<td>Omni Hotel</td>
<td>9821 Colonnade Blvd. (210) 691-8888</td>
<td></td>
</tr>
<tr>
<td>Staybridge Suites</td>
<td>4320 Spectrum One (210) 558-9009</td>
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</tbody>
</table>

Hotels near the airport

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doubletree Hotel</td>
<td>37 Northeast Loop 410 (210) 321-4813</td>
<td>*Ask for Liz</td>
</tr>
<tr>
<td>Holiday Inn Express – Airport</td>
<td>91 Northeast Loop 410 (210) 308-6700</td>
<td>*Ask for the AAA Discount</td>
</tr>
</tbody>
</table>

Hotels in downtown

<table>
<thead>
<tr>
<th>Hotel Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drury Inn &amp; Suites – Riverwalk</td>
<td>201 N. St. Mary’s Street (210) 212-5200</td>
<td></td>
</tr>
<tr>
<td>Emily Morgan Hotel</td>
<td>705 E. Houston St. (210) 225-5100</td>
<td></td>
</tr>
<tr>
<td>La Mansion Del Rio</td>
<td>112 College St. (210) 518-1000</td>
<td>*Ask for “Methodist Healthcare” reduced rate</td>
</tr>
</tbody>
</table>
Case Management

The Case Management/Social Services Department is staffed by registered nurses and licensed master social workers. Each unit in Methodist Children’s Hospital is assigned a case manager who follows patients from admission to discharge. They assist in discharge planning by assessing the needs of the patient and family during hospitalization and after discharge from the hospital. Some of the services include:

- Making arrangements for visits by a home health nurse
- Lodging
- Making arrangements for equipment needed for home care
- Referrals to outside agencies

Child Life Department

Play is an important part of every child’s life. Play is how children learn, cope and experience the world. Child life specialists make play an integral part of every child’s health care experience. The child life department recognizes that hospitalized children and their families have special needs. These needs are addressed by:

- Assessing children’s responses to the health care experience.
- Minimizing stress and anxiety for children and their families.
- Preparing children and families for their health care experience.
- Enhancing coping strategies for their health care experience.
- Creating opportunities with other health team members.

Certified child life specialists provide activities for patients and their siblings. Activities include:

- Play opportunities through the use of four playrooms.
- Hospital school services, birthday and holiday celebrations, and animal-assisted therapy.
- Movies, video games, arts and crafts, and special events focused on engaging children in fun, age-appropriate activities.

Call-A-Nurse for Children

For quick answers about a child’s non-emergency medical situation, use the hospital’s after-hours Call-A-Nurse service, staffed Monday–Friday, 5 p.m.–8 a.m., and continuously on weekends and major holidays. Pediatric registered nurses are specially trained to answer your questions about your child’s health and to help you find a doctor for your child. This free service is always offered in English and Spanish. Contact Call-A-Nurse at 210-22-NURSE or 1-877-647-7440.
Internet Service

The following services can be found on our website at: www.SAHealth.com/mhschildrens

- Just 4 Kids!—a website only for kids in Methodist Children’s Hospital.
- Pay or inquire about patient bills.
- Phone directory.
- Physicians—learn more about the physicians who practice at Methodist Healthcare.

Kids’ Express

Kids’ Express can provide many outpatient services for children including lab work, radiology, respiratory and IV therapy, and management. Pre-admission testing and testing for children being admitted to the hospital are provided with doctors’ orders. Orders may be brought by the patients’ family or faxed by the physician’s office. Kids’ Express preadmission forms can be obtained by calling the Methodist Healthcare HealthLine at 210-575-0355. Kids’ Express staff offer preoperative tours and teaching for children and their families to help them get a better idea of what the hospital experience will be like. Patient families may schedule tours by calling 210-575-7101. Evening hours are available.

A Child-Friendly Place for Outpatient Services in the San Antonio Area. You have Special Patients. We have Special Skills.

Kids’ Express Pediatric Lab and Outpatient Services are located at:

Methodist Children’s Hospital

Patients must register 30 minutes prior to closing time to be seen in Kids’ Express.

Methodist Children’s Hospital

Monday–Thursday 7 a.m.–10 p.m., Friday 7 a.m.–8 p.m., Saturday 10 a.m.–2 p.m.

Phone: 210-575-7101
Fax: 210-575-7327

- Outpatient service in a child-friendly environment.
- Experienced pediatric nurses.
- Results faxed to the ordering doctor’s office and called upon request.
- IM/IV antibiotics, I/O urine collection, topical analgesics available for lab draws, simple hydrations, single respiratory treatments, PPD skin testing and splinting.
- Serving the San Antonio area since 2000.

*Doctor’s orders may be brought by the patients’ family or faxed by the physician’s office. Kids’ Express order forms can be obtained by calling Methodist Healthcare Line at 210-575-0355.*
Pastoral Care

At Methodist Children’s Hospital, the Methodist tradition of providing ecumenical, non-denominational pastoral care continues. Pediatric-focused chaplains are available to meet the needs of children and their families. The pastoral care department provides these services:

- Worship: Catholic, daily; Protestant, weekly.
- Pre-surgery pastoral care for children and their families.
- Pastoral care visitation for children and their families.
- Staff consultation for child care and family management.
- Bereavement services: weekly support group and monthly memorial service.
- Perinatal Bereavement Program (coordinating with other departments).
- Pediatric Bereavement Program (coordinating with other departments).
- Special books and toys help to nurture the spiritual growth of children and their families.
- Consultation for discharge planning.
- Crisis intervention.
- Outpatient psychotherapy for patients and families through the Center for Counseling and Wellness.

Room Above the Clouds

There’s a special room at Methodist Children’s Hospital that helps parents survive one of the most difficult experiences—the loss of a child. The Room Above the Clouds provides a supportive environment for parents and families as they say goodbye to a terminally ill child. The hospital staff is there to guide the family through this difficult process. In addition to the nursing staff and physicians, child life specialists, social workers and chaplains are available to help. The staff takes care of the patient’s medical needs so that the family can focus on making the transition.
Methodist Children’s Hospital Education

For the most recent updates, please go to www.methodistpedioutreach.com
Inpatient Education Specialties

Asthma—Methodist Children’s Hospital provides special classes for children diagnosed with asthma. A team of registered respiratory therapists and registered nurses instruct these classes on the causes of asthma, treatments and preventative measures for both children and their caregivers. Classes are available on both an inpatient and outpatient basis.

CPR—Classes designed for daycare providers, teachers, coaches, bus drivers or other professionals seeking CPR and first aid certification for infant/child pediatric basic life support and basic first aid. Classes are first come, first served and are given many times throughout the month.

Stoma Care—A stoma is an artificial opening to or from the intestine on the abdominal wall. A stoma is created when the intestine must be bypassed or when food cannot be taken by mouth. Our staff educates patients on how an artificial stoma will affect their body. A specialist stoma nurse will explain the everyday implications of living with a stoma.

Diabetes—We offer treatment and educational classes for children and families with diabetes. Our educational classes are designed to teach the family about the different types of diabetes, how the disease affects the body and how to live with diabetes after diagnosis.

Pediatric Outreach

It is the mission of Methodist Children’s Hospital Regional Pediatric Outreach Program to improve the care of severely ill and injured children throughout South Texas. We will strive to achieve this goal by providing quality education to health care providers caring for children, while emphasizing preventative aspects and patient safety. We will strive to serve as a community liaison for pediatric educational initiatives while collaborating with all health care providers to initiate such programs in their communities. Methodist Children’s Hospital Pediatric Outreach Program includes:

- Nursing Education, CNE programs
- Physician Education, CME programs
- AWHONN - Fetal Monitoring Classes
- Pediatric Advanced Life Support (PALS)
- Newborn Resuscitation Program (NRP)
- Regional conferences and workshops

For asthma information, contact a respiratory therapist at: 210-575-4536

For CPR information, or to make a reservation, call: 210-575-0261

For stoma care information, contact enterostomal therapy at: 210-575-4025

For diabetes information, contact diabetes education at: 210-575-4566

For more information, call: 210-575-7550
To view our complete curriculum and planned education offering, go to: www.methodistpedioutreach.com
Trauma

Methodist Children’s Hospital is recognized by the Texas Department of State Health Services as a Level III Trauma facility. Specialists and subspecialists are available 24 hours a day, 7 days a week to care for injured patients. For more information about the Trauma Program, please contact Trauma Program Manager at 210-575-0551.

Child Safety Seat Education and Inspections
Motor vehicle crashes are the leading cause of unintentional injury death for children, ages 1–14. The Buckle Up Baby program was designed to address the educational needs of both our patient population and the public.

Car Seat Classes
Our Buckle Up Baby — Safety 101 classes provide parents with the information they need in order to correctly select a car seat based on their child’s age, height, weight and developmental needs. This free class is offered through the Methodist Women’s Center several times throughout the month.

Car Seat Installation Assistance
Our Buckle Up Baby — Installation classes provide parents with hands-on opportunities to learn how to correctly install and use their child safety seat. This free class is offered through the Methodist Women’s Center several times throughout the month.
Methodist Children’s Hospital Expansion

Growing to meet the increasing demand for services, Methodist Healthcare System is embarking on a landmark 445,000-square-foot expansion for Methodist Hospital and Methodist Children’s Hospital. The expansion project includes significant upgrades and renovations to the Children’s Hospital’s pediatric services and the Newborn Intensive Care Unit (NICU).

To support the busiest children’s emergency department in the nation, upgrades will include the expansion of Methodist Children’s Hospital Emergency Department to 40 beds, an addition of a six-story patient care tower featuring private rooms and a new entrance for Methodist Children’s Hospital over time. The project will also expand the Children’s Hospital NICU, one of the largest NICUs in the region, to 94 beds.