Chartered in 1955, Methodist Hospital is the pioneer facility of the now world-renowned South Texas Medical Center. Opened in 1963, Methodist Hospital has grown to be the flagship facility of the Methodist Healthcare System, San Antonio's largest and most preferred health care provider. Methodist Hospital maintains this excellent reputation with a commitment to the hospital's value statement that defines quality as meeting the customer's needs by exceeding their expectations. Methodist Hospital offers a broad range of specialties including cardiology, oncology, emergency medicine, neurosciences, maternity care, gynecology and orthopedics. Methodist Hospital is accredited by the Joint Commission in stroke care and is designated as an accredited Chest Pain Center.

- **A groundbreaking ceremony** was held in 1960 that included a mock nuclear explosion marking the beginning of construction of the world’s first “nuclear disaster proof” hospital. Methodist Hospital has many other “firsts” in its 50-year history, including being the birthplace of the first baby born in South Texas that was created through in-vitro fertilization, and the first South Texas hospital to install a magnetic resonance imaging (MRI) machine.

- **The Women’s Pavilion** at Methodist Hospital takes a family-centered approach to maternity care with a comprehensive range of obstetrical and gynecological services. The Women's Pavilion welcomes more than 5,000 newborns a year. The unit features 24 labor/delivery/recovery rooms, including deluxe private suites with sitting areas for family members. At Methodist Hospital, all obstetrical nurses are specially trained in fetal heart monitoring to help them quickly identify and respond to signs of fetal distress. A 78-bed newborn intensive care unit has board-certified, on-site intensive care physicians. Learn more at [www.SAWomensHealth.com](http://www.SAWomensHealth.com).

- **Methodist Hospital** performs more back and neck (neurosurgical) operations each year than any other hospital in Texas. The Texas Neurosciences Institute, a department of Methodist Hospital, combines physician experience and expertise with a wide variety of resources, specialized personnel and advanced equipment. Texas Neurosciences Institute physicians offer a comprehensive program to patients with brain and spinal cord illnesses and injuries. Connected to Methodist Hospital via a covered walkway, this six-story facility includes physician offices, an imaging and diagnostic center, research library, rehabilitation center and other health care services. Visit [www.TexasNeurosciences.com](http://www.TexasNeurosciences.com) to learn more.

- **Since 1981**, thousands diagnosed with cancer have relied upon the hope, teamwork and advanced technology provided by The South Texas Cancer Institute. The program represents a multidisciplinary approach to treatment options at Methodist Hospital but also focuses on the emotional, social and spiritual well being of cancer patients while providing comprehensive diagnostic and therapeutic services to meet their medical needs. The Hematology/Oncology/Transplant Clinic allows patients undergoing chemotherapy treatment to remain out of the hospital as much as possible. The South Texas Cancer Institute offers a “V.I.P.” hospital protocol for its Very Immuno-compromised Patients who may require emergency care while undergoing chemotherapy treatment.

- **The Adult Blood Cancer and Stem Cell Transplant Unit** opened at Methodist Hospital in 1990. Since then, the unit has developed into the Adult Blood Cancer and Stem Cell Transplant Program featuring an outpatient clinic that provides full services such as bone marrow biopsy, catheter placements, chemotherapy infusions, transfusions, stem cell infusions and transplants. Since inception, the program has performed nearly 2,300 transplants. The program consistently ranks among the Nation's top transplant centers in one-year patient survival rates. Certified in 1996 as an NMDP Transplant Center since 1996, the program has extensive experience in performing autologous and allogeneic transplants including related, unrelated and umbilical cord blood transplants. The program is part of the Texas Transplant Institute and a member of the Sarah Cannon Blood Cancer Research Network, a partnership that allows it to improve quality of care by providing clinical trials that explore the latest therapies for a wide range of diseases through participation in cutting edge clinical trials. Learn more at [www.TexasTransplant.org](http://www.TexasTransplant.org).
Methodist Hospital offers many advanced medical imaging technologies that provide clear and precise images for physicians to use in their diagnosis and treatment of their patients' diseases. These tools include magnetic resonance imaging (MRI), 3T magnetic resonance imaging, computerized tomography (CT), cerebral angiography, nuclear medicine and picture archiving and communications system (PACS). PACS captures images through the computer instead of film. As a result, physicians view images on their office or home computers providing faster and more convenient access to their patients' medical imaging results.

The Gamma Knife® Center at Methodist Hospital, a department of Methodist Hospital, is among the most advanced technology available to treat tumors. In 2010 the center was completely renovated and the newest Gamma Knife® device, the Perfexion™, was installed. The technology is complex, the results – astonishing. The newest, most advanced version of the Gamma Knife, makes the term “inoperable” obsolete. After locating tumors, specially trained surgeons focus beams of radiation from the Gamma Knife® directly to the affected area, leaving surrounding tissue untouched – without surgery and without a scalpel. Patients are able to return home the same day and resume their normal activities within days.


The Methodist Wound Care Center, a department of Methodist Hospital, features San Antonio’s largest hyperbaric chamber. Beginning in 1979, Methodist Hospital was the first civilian hospital to offer the technology at Methodist Plaza. This therapy has been proven to speed the healing process for hard-to-heal wounds, such as those caused by diabetes, poor circulation, burns and infections. The chambers are also used to treat victims of undersea diving accidents and carbon monoxide poisoning.

Along with your physician, the Palliative Care Team at Methodist Hospital provides comfort and support to individuals and families facing a serious illness or severe chronic pain. This specially-trained team of professionals includes physicians, nurses, social workers and chaplains providing comfort and resources to the patient and family.

Methodist Hospital Cancer Network is a leading provider of cancer services in South Texas, providing a full scope of cancer care, from diagnosis to treatment including surgery, chemotherapy, radiation treatment, and blood and marrow stem cell transplants. We offer an integrated approach to the treatment of cancer with a multi-disciplinary team that offers high-wauality cancer treatment combined with a focus on the emotional, social and spiritual well-being of our cancer patients. Specialized oncology services are in place such as a dedicated cardio-oncology program, cancer navigators and an award winning Very Immuno-compromised Patient (VIP) hospital is in place for patients who may require emergency care while undergoing chemotherapy treatment. Methodist is a member of the Sarah Cannon Network of Excellence, committed to advancing science and transforming cancer care. This partnership with Sarah Cannon allows patients access to a wide range of research trials and protocols which enhances care.

Before Methodist Hospital opened in 1963, the Blue Bird Auxiliary became a chartered organization in 1960 and began working to make the dream of having a Methodist Hospital a reality for San Antonio. Over the past 50 years, the Blue Birds have collectively given five million volunteer hours (about 125,000 a year) to the patients and staff at Methodist Hospital and donated more than $4.5 million to the hospital for equipment and programs. The Blue Birds operate the Methodist Hospital gift shop and a beauty salon. The proceeds go toward college scholarships and grants to community organizations.

Methodist Healthcare remains the first and only hospital in San Antonio with an International Services program, the Methodist International Program (MIP). This program was created to ensure a focused and dedicated approach to meeting the unique needs of international patients. MIP includes hospital staff and physicians consistently working to improve the international patient experience and create and strengthen ties with the medical community both locally and globally. Methodist Hospital accepts international insurances and is able to provide cost quotes for patients without insurance.

The surgeons and staff at Methodist Hospital specialize in the most advanced breast reconstruction techniques for women undergoing treatment for breast cancer. Methodist Hospital is one of the only hospitals in the country offering the “DIEP flap” procedure, a procedure in which patients facing a mastectomy can also undergo breast reconstructive surgery at the same time.

The Methodist Endoscopy Center, a department of Methodist Hospital, offers full service outpatient and inpatient diagnostic and treatment endoscopy for adolescent, adult and geriatric patients. The endoscopy lab has five procedure rooms with the newest Olympus scopes and two procedure rooms located on Sublevel 2 for monitored patients and weekend cases. X-ray table and C-Arm are available for cases requiring fluoroscopy. Esophageal Manometry, 24-hour and 48-hour pH studies and Bravo procedures are performed by experienced staff using state of the art equipment. Spyglass allows direct observation of lesions, stricture, stones and other areas of concern. Anesthesia support is available when needed.

Methodist Hospital
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