Methodist Specialty and Transplant Hospital, a campus of Methodist Hospital, is a full-service facility that is widely acclaimed for its outstanding kidney, liver and pancreas transplant programs. Home to the Texas Transplant Institute, the center made medical history by performing the world’s largest kidney donor exchange in a single center. The kidney transplant program is the largest living donor program in the nation due to the success of its paired exchange kidney program. Other specialty areas include emergency care, psychiatry, bariatric surgery, inpatient rehabilitation and the latest treatments for cancer and incontinence. The facility houses a program with a specially trained team who works with law enforcement officers to provide forensic exams and emergency care for survivors of sexual assault.

- **Methodist Specialty and Transplant Hospital**, and the Texas Transplant Institute, a department of Methodist Hospital, are committed to excellence in transplant patient care, education and research. Having performed transplants at this facility for nearly 30 years, a team of dedicated transplant physicians and other transplant professionals have accumulated a significant amount of clinical experience, resulting in the organ transplant programs being nationally recognized for their contributions to organ transplant medicine.

- **Methodist Specialty and Transplant Hospital** has the largest kidney transplant program in Texas and is rated among the top centers in the nation, having performed more than 3,600 kidney transplants since the program’s inception in 1984. A 47-bed kidney transplant unit offers nurses specially trained in the care of post-transplant patients. The transplant team is actively involved in new protocols and research looking at ways to expand the current donor pool, including sensitized live donor and ABO incompatible initiatives. The program also includes simultaneous pancreas and kidney transplants or pancreas transplants alone—either before or after a kidney transplant.

- A special team including surgeons at Methodist Specialty and Transplant Hospital initiated the paired donor exchange program in 2008 and quickly became the nation’s leading center for unrelated kidney paired donations. This Live Donor Kidney Transplant Program is now the nation’s largest program offering more live donor transplants than any other program in the U.S.
The Emergency Department at Methodist Specialty and Transplant Hospital has an average wait time of five minutes. The nationally ranked emergency services at Methodist Specialty and Transplant Hospital are for anyone experiencing a medical emergency, not just transplant patients. The Emergency Department team includes experienced and specially trained registered nurses and board-certified emergency medicine physicians on duty 24/7 to take care of your health care emergencies. The Emergency Department received the prestigious Excellence in Patient Care Award based on achievement, improvement and overall outstanding performance. The award was presented by the nationally recognized Studer Group, which works with more than 800 health care organizations around the world to coach them on how to achieve, sustain and accelerate exceptional clinical outcomes.

The Liver Disease and Transplant Program is one of fewer than 100 in the U.S. to earn certification from both Medicare and Medicaid, which is the highest quality indicator for a transplant program. This program leads the nation in liver patient survival rates and is ranked in the top 10 percent in the United States. More than 300 liver transplants have been performed since the program started in 2001. An end-stage liver failure clinic offers a variety of services, including interferon treatments, chemoembolization and ablation procedures. It is the only transplant center in Central and South Texas approved to offer a new innovative treatment therapy used to treat primary liver cancer patients when surgery, transplantation or tumor ablation is not a viable option.

Methodist Specialty and Transplant Hospital earned the Center of Metabolic and Bariatric Surgery Excellence designation from the American Society for Bariatric Surgery in 2008. A rigorous series of site inspections examined all aspects of the surgical weight loss program.

Methodist Specialty and Transplant Hospital is one of the few bariatric surgical centers in Texas that provides patients with a new option for weight-loss surgery: robotically assisted bariatric surgery. The minimally invasive method using the daVinci® Surgical System works as an extension of the surgeon, translating the surgeon’s hand movements into precise micro-movements. Offering high-resolution, 3-D visibility and improved accuracy, the system is an improvement over traditional and laparoscopic weight-loss surgeries.

The Incontinence and Pelvic Floor Disorder Center of Methodist Specialty Surgery and Transplant Hospital is one of very few diagnostic centers nationwide devoted to evaluating urinary and anal incontinence. Doctors practicing at the center measure the severity of the patient’s incontinence and help referring physicians determine the best course of treatment for what is often an embarrassing problem for men and women.

Methodist Specialty and Transplant Hospital is among the busiest robotic surgery programs in South Texas. The daVinci® Xi Surgical System is used for gynecological, urological, bariatric, colorectal and general surgeries. This minimally invasive device offers a faster recovery, less blood loss, lower chance for infections and smaller scars than traditional surgeries. The program recently became a member of The Texas Institute for Robotic Surgery. The Institute is devoted to compiling data to improve patient outcomes.

The inpatient component of the Department of Psychiatry consists of 74 beds, with four separate clinical programs for the treatment of chemical dependency, acute mental illness, geriatrics and higher-functioning adults. Treatments for anxiety disorders, major depression, bipolar disorder, post-traumatic stress disorder, schizophrenia and mood disorders are also offered. The 14-bed chemical dependency unit accepts both chemical dependency disorders and individuals with both a chemical dependency and a mental diagnosis.

The Sexual Assault Response Team at Methodist Specialty and Transplant Hospital provides a compassionate environment for sexual assault survivors ages 18 and up. Through an exclusive agreement with local law enforcement agencies, a Sexual Assault Nurse Examiner (S.A.N.E.) trained by the Texas Attorney General’s office, provides comprehensive care to sexual assault survivors and collects physical evidence that can be used to prosecute offenders. Follow-up care, counseling and treatment of related injuries are also provided. A Methodist Healthcare chaplain and advocate from the Rape Crisis Center provide counseling and support to the survivor and family.

Methodist Specialty and Transplant Hospital has three dedicated endoscopic/ laparoscopic operating suites featuring equipment that allows surgeons to perform traditional surgeries through smaller incisions. This type of surgery offers a number of benefits including decreased hospitalization, faster recovery and lowered risk of infection.

Inpatient Rehabilitation Services on the fourth floor of Methodist Specialty and Transplant Hospital is a composition of many different components: physical therapy, occupational therapy, nursing, pharmacy, social services and speech therapy. Physicians specializing in physical medicine and rehabilitation help patients regain functional skills that may have been lost or diminished due to illness or injury. The rehabilitation department provides therapy seven days a week at a minimum of three hours per day per patient. This time is strictly one patient per therapist, no group therapy is provided. The rehabilitation department specializes in managing various neurologic, spinal, and orthopedic injuries or conditions by providing staff with specialized knowledge and evidence-based practices in conjunction with modern technological advances in rehabilitative medicine including the restoration of swallow function in stroke patients and the Wii game system for muscle conditioning and to assist in memory and cognitive improvement. The interdisciplinary team treats each patient holistically, ranging from depression-related to illness to physical conditioning and restoration.